

EARTH DAY & HEALTHY KIDS DAY



April 29, 2017

**10am—2pm
At the YMCA
205 Maritime Dr.
Manitowoc**



Because a healthy environment and healthy lifestyle go hand in hand.

Activities!

- Educational Booths
- Children's Activities
- Family Yoga or Drumming
- Food by Local Vendors
- Roorbach Flowers: Planting Seedlings
- Wildlife of Wisconsin with Educational Animals
- Music Performances throughout the day.
- Healthy Rhythms for Earth with participation for all ages in song, drumming, rhythm, and movement.
- Water Screening for Nitrates by League of Women Voters (bring 1/2 Cup sample).
- Mariners Football Demo and Mini Workout with Kids.

Beach Cleanup!

9:00 am April 22nd. Help keep our lakeshore clean and healthy! Call 920-242-1993 to sign up for a beach near you.



Earth Friendly Collections!

- Medications (see back page)
- Mercury Thermometers (at Medication Collection - cushion and place in sealed container)
- Cell Phones (at Recycling Center -donated to Cell Phones for Soldiers)
- Eye Glasses and Hearing Aids (at Recycling Center - donated to the Lions Club)
- Printer Cartridges (at Cartridge World)

Drug Disposal
See back for details!

Door Prizes!

A chance to win great prizes! One ticket per attendee. Get two tickets if you ride a bike, walk, or take public transportation to the event! Prizes announced throughout the day by the music.

Manitowoc County Drug Disposal Event

April 29, 2017

EARTH DAY & HEALTHY KIDS DAY



10am—2pm
At the YMCA
205 Maritime Dr.
Manitowoc

Bring in your unused medications! Help keep our communities safe and waterways clean by participating in this free program. Note that our guidelines have changed!

YES



Guidelines:

- Accepted drugs include prescriptions, over the counter, supplements, pet medications, and controlled substances.
- Place pills in a "ziplock" style bag that is quart size or less. Liquids, cremes, and powders can stay in the original container with caps tightened.
- Pill bottles and boxes are NOT accepted. Cross out your personal information and dispose of them or recycle them at home.
- Needles, sharps, mercury devices, chemical waste, electronic glucose monitors, non-medical inhalers, and personal care products like shampoo and cosmetics will NOT be accepted.
- Do NOT bring medications to drug disposal events before or after the listed times.
- Households only. Businesses should call 683-4333 for disposal information.
- Practice safe storage by keeping medications in a secured location.
- Practice reduction by consulting with your physician about your medication needs.
- Never share your prescriptions with another person.
- For questions or more information call 683-4333 or visit www.manitowocrecycles.org

NO



*Sponsored by the Manitowoc
County Drug Disposal
Collaborative*

If you can't attend this collection event, then take your unwanted medications to one of the drug drop boxes. They are located at the Manitowoc County Sheriff's Office, City of Manitowoc Police Dept., and City of Two Rivers Police Dept. Make sure to follow these guidelines when using the drop boxes!



Picture provided by Parents. The anti-drug.

Prescription drug abuse is a problem among teens today. And a major source of the problem is right under your nose: the medicine cabinet. This may be happening in your house, which means you can definitely do something to stop it. Safeguard your medications and keep track of the quantity. Educate yourself. You can stop the dealer.

**To get involved or for local information
contact 920-652-0238 or healthiestmc.org**